

Task

Read the case study and answer the questions that follow.

Danny is 15 and left school around the same time he was kicked out of home by his stepfather. He has been spending his time with a group of older people on the streets and they have introduced him to drugs. One night, Danny was out with his friends and he decided to try ecstasy. After two hours, he began hallucinating and started thinking that his friends were out to get him. He could not control his thoughts and by the next day was in psychiatric hospital diagnosed with drug-induced psychosis (where perception of reality is altered and people see, hear, smell and touch things that are not there). Psychosis can be treated but many individuals will experience further episodes of psychosis in the future.

Question 1

(a) Identify three determinants of health and development for Danny.

3 marks

(a) Select one of these and explain how they may affect Danny's health and development.

4 marks

(b) Discuss ways that Danny's illness may impact on his:

i. Social health ii. Social development

4 marks

(c) Explain how Danny's family situation may impact on his recovery from his illness

3 marks

Task

Read the case study and answer the questions that follow.

Question 2

Anissah is in year 10 at school. She loves school and is involved in many extracurricular activities, including the annual drama production, the netball team and the school band. She has played clarinet in the school band since year 7 and has many friends who also play in the band. Last week, Anissah tried out for this year's and but missed out on a place as she has not had time to practise the prescribed piece in the weeks leading up to auditions. She has felt devastated by not getting into the band and has not wanted to attend school at all. Her mother has let her stay home for a few days while she tries to deal with this experience. Anissah has also withdrawn from her other usual activities as she tries to accept not being a part of the band for this year.

- (a) Name and define each of the determinants of health and identify an example of each from the case study

Determinant	Definition	Example from case study

12 marks

- (b) Select two of the determinants identified in Question 2a, and explain how they might impact on the physical, social, emotional and/or intellectual development of Anissah

Determinant selected _____

Impact on development _____

Determinant selected _____

Impact on development _____

4 marks

c) select two of the determinants identified in Question 2a (different to those selected in 2b), and explain how they might impact on the physical, mental or social health of Anissah

Determinant selected _____

Impact on health _____

Determinant selected _____

Impact on health _____

4 marks

Question 3

Good nutrition is important at all stages of the lifespan, however during a significant time of development such as youth it is especially important.

- (a) Nutrition is a determinant of health. Select one of the following nutrients.

- calcium
- iron
- fluoride
- vitamin A

For the selected nutrient, complete the table below to show one major health function of the nutrient and one major food source.

Nutrient	Major health function	Major food source

2 marks

- (B) Besides eating dinner with the family, list three food behaviours that can impact on youth health and development

1 mark

- (c) How could not eating dinner at home for year 10 students impact on their:
Physical development?

Physical health?

Social health?

Social development?

4 marks

Total: _____ / 41